



CRC SCENE

Summer Project

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Send us your stories communications@crc.ie

CEO WELCOME

I cannot believe we are well on the way to the end of the year and for all of us here in the CRC it is always such a busy time.

Work continues on implementing the Strategic Plan and there are lots of work streams delivering all the objectives that we set out in the plan. I am hoping to host a town hall meeting in early 2018 to update you on the progress of the plan and to keep you up to date with CRC developments. You will remember that in 2015 we did a staff survey and we will be redoing the survey in early 2018. I am also commencing 'Listening Lunches'. The aim of these lunches is to meet with you in your teams to listen to you and to hear your feedback on how we are doing. The key question for these sessions will be 'What is it like to work here?' I am really looking forward to meeting with you and hearing your contributions. I also want to thank you all for your patience and co-operation while we improve our Clontarf campus; it is already looking brighter and better and a warmer place to be. Finally, to make sure everyone knows everyone, I have included a reminder of who's who on the senior management team.

Stephanie Manahan
CEO of CRC



SUMMER PROJECT

The Summer Project, a CRC schools summer camp, was first started 20 years ago to provide our school children with fun activities that also catered for their needs.

In July this year 65 children attended camps in CRC Clontarf and Scoil Mochua with over 40 volunteers and 18 staff. Activities included graffiti art, pizza making, bowling as well as trips to the Childvision Pet Farm, FAI and Croke Park.

As you can see from the photos a super time was had by all. We are indebted to the enormous effort from all Departments that made this year's event one of the best yet. We also thank the Hospital Saturday Fund who donated €5,000 to costs for the Summer Project.



EUROPEAN SOCIETY OF SWALLOWING DISORDERS (ESSD) CONFERENCE

Bronagh O'Hara successfully applied for a European Society of Swallowing Disorders (ESSD) Junior Researcher grant (500euro) to support her attendance at the ESSD conference in Barcelona in September.

Her Masters research on swallowing and aging was accepted for a poster presentation at the conference. Following presentation of her poster in September 2017 Bronagh received a Poster of Merit award from the congress. Bronagh also was awarded a distinction in her Masters.



ADULT SERVICES

MY DCU JOURNEY- BY CORMAC O'BRIEN



DCU Graduate Cormac O'Brien with Martin Rogan, presenting his Certificate.

I recently attended the Cooperative Learning course in the School of Health and Nursing which is in DCU, Dublin.

There were nine students on this course altogether. There were three teams with three members in each team from all different places. My team consisted of Noel Carroll, our trainer in Raheny, Tony O'Brien (my Dad) and myself Cormac O'Brien.

The course started on the 18th October 2016. It was on once or twice a month on Tuesdays and it was seven months long altogether. The course was all about improving services in the area and I decided I would like to do something to improve the services of the people on my training course, the CDET B Employability Skills Programme. Most of my

colleagues on the CDET B programme were just going home straight after college, so I thought of starting up a social club for them, with events outside of college hours. We organised a theatre trip, cinema trips and we took part in the Darkness into Light charity walk for Pieta House. At the end of the course in DCU, our team had to do a presentation on our social club project and how it helped everyone involved.

It was a great experience for me; I really enjoyed the course and seeing how other services work in different communities in Ireland. I would recommend to others to do it.

We had our Graduation Ceremony in DCU on Wednesday 6th September and my family, friends and trainers from the CRC came to support us. I felt very proud and had a great day!

COOLOCK LOCAL CENTRE



1. JEAN GLYNN

Jean Glynn recently celebrated her 80th birthday with a surprise party in the Waterside Hotel in Donabate. She is our longest serving service user and started attending Coolock local centre in 1986. Happy Birthday Jean!



2. PETER AND NICOLA

Love is definitely in the air in Coolock local centre. Peter Murray and Nicola Dempsey first started school together on the 2nd of Sept 1995. They have been inseparable ever since and last week they celebrated their 22nd year anniversary.



3. PADDY AND MAIRE

Paddy Joyce and Maire Brennan attend Coolock local centre. They have been together for eight years.

They recently had a date night in the Peacock in Swords to celebrate.

From the 12th of January 2018, the Coolock local centre will be relocating on a temporary basis to the Clontarf site.

Staff and clients are required to move from the Coolock site to make way for the new HSE Primary Care Centre and unfortunately the Coolock local centre needs to be moved in order to facilitate this build. Discussions have been ongoing with the HSE for some considerable time regarding this and the HSE are contributing to the

development of a new location for the Coolock service which we are actively working on securing. Acquiring a new building/location in Coolock takes time so in the meantime we will welcome clients and staff to Clontarf.

The Coolock local centre has served us well and the CRC have been part of the Coolock Community for 35 years. It is a difficult transition for the adults that attend the service and we will support and manage that transition as smoothly as possible, with the help of the Coolock local centre staff, who have been very supportive throughout this difficult process.

While in Clontarf the adults and the staff will be based temporarily alongside Training and Development and the Clontarf local centre. There will be a requirement to make some room changes in Clontarf and we will work with everyone and consult as we prepare for the move.

It will be exciting to have the staff and adults on the Clontarf site and I know you will all do your best to support and welcome them during this period of change.

SPECIALIST SERVICES



Well done to Team CRC and all staff who took part in Ireland's Toughest Mental & Physical Endurance Challenge - Hell & Back 2017 in Kilruddery, Co Wicklow.

Participants completed a 10-15KM trail route crossing rivers and lakes, climbing hills and mountains and crawling through bogs and swamps.

To survive, you must conquer all the elements thrown at you, whether that is the temperamental weather conditions,



the gruelling natural environment or the torturous man-made obstacles. Looks like Team CRC survived all of it and had some fun along the way!


Join us for the CRC Christmas Cracker
@
The Hollybrook
(Hollybrook Park, Clontarf DN 3)
Friday, December 1st, 2017
Enjoy an evening of festive fun from 7 'til late!
Mulled Wine Reception @ 7pm
Wine Tasting, Xmas Cocktails Demo, Hair & Beauty Tips, Floral Demonstrations,
Cake Decorating Tips to WOW, spot prizes, raffle and lots more to enjoy!
Tickets €20 each or 3 for €50
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CHY4998 www.crc.ie
 www.facebook.com/centralremedialclinic  [@centralremedial](https://twitter.com/centralremedial) **001**

CRC UPGRADES AND REFURBISHMENT

DRAINAGE WORKS IN CAR PARK

As many of you will be aware, the works are progressing and the building contractors are well ahead of schedule. This is great news for staff, our services users and for all people accessing the site.

We will soon be moving on to the next phase of the project, which will involve works at the rear of the site near the school, swimming pool, ATSS and SLT. This will not take place until the current phase is completed and restored parking facilities are available for clients and buses.

The current parking arrangements for staff and other site users will remain in place throughout this second phase.

We are very grateful to those who are co-operating with the alternative parking arrangements.

CANTEEN UPGRADE



RECEPTION AND FAMILY ROOM

This will be upgraded in two parts after the Board Room, to ensure it always remains open and accessible.

The remaining areas (Activity Room, Family Room and corridors) will be worked on after this and Jane Mitchell will send out information to keep all staff informed about what's happening.

CRC KILLESTER

CRC has now got the keys for our leased property in Killester to provide a hub for community-based services for a small number of our adult service users. This exciting new venture has kicked off in earnest and the builders are currently working to have the premises ready as soon as possible.

CRC SWIMMING POOL

Our engineers are now proceeding with the repairs and refurbishment of the plant room in the CRC swimming pools, on a like-with-like basis. Work will commence on this project as soon as possible and we have already met with contractors who specialise in pool installation, flooring and electrical works.

We don't have any definite date for opening as yet, but we're working towards post-Christmas – in time to paddle off all those Christmas puddings and mince pies! We genuinely regret the major impact this has had on our clients, their families, CRC staff and the wider public—all of whom benefit greatly from the facilities in both pools.

SWORDS DEVELOPMENT

The design team is now meeting to develop a range of design concepts to suit Adult Services and PDS Services. They have met with Fingal County Council to discuss what might be possible on the site. They hope to have plans for CRC to consider by Christmas.



FUNDRAISING



VHI WOMEN'S MINI MARATHON

We are very proud to say that Team CRC did fantastically well in the Mini Marathon in June. We had over 30 ladies and a few gents too, participating in the event. There was a great turnout from Scoil Mochua and Clontarf and some new local supporters got involved too. The atmosphere was amazing and we even got our group picture published in the Evening Herald with David Glynn, the Olympic distance runner.

The event raised a total of €1,808 in support of the CRC Summer Project.

Thank you to all who supported Team CRC by participating or raising funds. We're hoping to have your support again in June 2018.



ANONYMOUS BENEFACTOR DONATES €10,000

In August we had a very heartwarming visit from a gentleman who donated €10,000 to the CRC and who also wishes to remain anonymous. We had him in for a second visit where he told us his story and how he came to know the work of the CRC through a couple of his friends. We gave him a tour of the CRC and we visited Training and Development and met some of our clients and heard their stories. Then we visited the Day Centre where we took part in the regular weekly Current Affairs debate.

Before he left the CRC our benefactor said that he was thankful to be shown a little piece of what the staff in Adult Services do every day and how this makes a positive difference in our clients' lives. He also said that hearing from the clients had a very strong affect on him and he was also very quick to credit our staff for their passion, dedication, kindness and warmth. We hope to have him in with us again for a cuppa in our new canteen.

CRC GOLF CLASSIC

We did it!

Thanks to the generous support of our corporate and business partners, local supporters, parents and staff, the CRC Golf Classic 2017 raised over € 8,500, which will be used to purchase and install a wheelchair accessible swing in the playground of Scoil Mochua.

The CRC Golf Classic was held on Friday 29th September. The sun was shining with only one outbreak of rain and all the teams enjoyed playing the Clontarf Golf Club course. There was great excitement generated by the many raffle prizes and our signed Dublin GAA jersey was auctioned for €1,000 and is going to a very nice home.

The guest speaker, Dr. Eoghan Clifford, a former client of the CRC and an Irish Paralympian gold and bronze medalist spoke candidly about growing up with his disability and how much time and effort he had to put into his training to get himself to Rio and how that impacted on his young family. He is a truly inspiring guy who is a great friend of the CRC and we hope to enjoy his company again soon.



We have also worked very hard during the year to secure funds from Trusts and Foundations and our corporate partners to purchase and install a wheelchair swing in the playground of the CRC School in Clontarf. We are thrilled to say that the pupils of the CRC school and children who attend clinical assessments and therapies will be able to enjoy the childhood joy of flying through the air and shouting WHHHHHEEEEEEEEE.

Thanks to you all for your support and encouragement. Getting to this place was a long and bumpy road but we made it thanks to your help and positivity.

OUR GERMAN FRIENDS DIDI AND ROBERT



L-R Mary Little, CRC, Didi and Robert Bornhofen; Ziva Newman, CRC; Ailish McGahey, CRC and Ann Jenkinson, formerly CRC Gait Lab.

For the past 36 years the Physiotherapy Department in CRC Clontarf has received immense support from a great German couple Didi and Robert Bornhofen.

Didi worked in the CRC as a Physiotherapist for two years in the late 1970's and since then she has continued to feel a strong sense of attachment to CRC and its staff. Didi was known to be an excellent physiotherapist demonstrating empathy and support for the families and children that she so expertly looked after.

On leaving the CRC in 1979 she continued to maintain strong links with her old colleagues and to this day every Christmas the Physiotherapy Department receive a "special brown box" filled with German goodies that make those December coffee times very festive. We now have just one physiotherapist on staff, Mary Little who had the pleasure of working alongside Didi.

Didi and Robert have been extremely generous to the clinic and in particular the physiotherapy department donating regularly over the years. Not only have they donated personally, they have rallied many friends to do same and in particular they mark certain birthdays by hosting parties and they request donations are given to the CRC rather than receive birthday presents.

A lot of the equipment in our adult gym has been bought through their donations and a small plaque on the wall in the gym acknowledges their generosity.

Following another recent party that Didi and Robert hosted for friends in Germany, they made a lovely trip to Ireland and included a visit to CRC where they made a generous donation of €6,000 to the physiotherapy department.



Didi and Robert Bornhofen with Mary Little, CRC

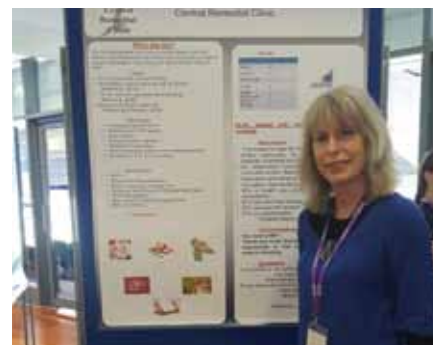
CHILDREN'S AND CLINICAL SERVICES



L-R Aisling Dolly, Trish Morrison, Eugenie Smuts, Muireann McCleary, Danielle Daly, Bronagh O'Hara, Emer Noble at the IASLT Biennial Conference in Croke Park.

Danielle Daly, Senior SLT, with her poster presentation "Implementing the Communication Access Project in a physical Disability Service".

Trish Morrison with her poster presentation.



The Speech and Language Therapy Department has had a busy 2017.

In January they held the third day of an Introduction to Augmentative and Alternative Communication (AAC) Course which is a 3-day course run by the SLT department in CRC in conjunction with Trinity College Dublin. The course is run for Speech and Language Therapists nationally.

May brought the Irish Association of Speech and Language Therapists (IASLT) Biennial Conference for which they had three oral presentations and four posters accepted. The focus of the presentations was on AAC:

- Feedback on a survey undertaken as part of the development of the IASLT Guidelines for SLTs working with AAC.
- An overview of a LAMH project undertaken in the CRC school Clondalkin.

- Feedback on the Communication Access Project with adult service users.

and on FEDS –

- Feedback on a project undertaken in CRC Clontarf services looking at terminology related to food consistencies.
- Navigating Change: Dysphagia and Capacity in Adults with Cerebral Palsy (CP).
- Feedback on a project looking at the decision making experience of adults who have experienced FEDS issues.

and on Saliahorrea (drooling) :

- Feedback on a project focused on intervention approaches to drooling in clients presenting with physical disabilities.

May was a busy month with the LAMH - Research in Practice Project presented at the Irish Association of Teachers in Special Education (IATSE) Conference where it was favourably received and

ignited lots of discussion regarding development of similar projects.

In June the SLT department in CRC collaborated with Communication Matters UK to host the Communication Aid Roadshow (CASC) on its return to Dublin.

This roadshow is open to all of those who have an interest in the area of Augmentative and Alternative Communication.

Ten suppliers of communication aids and software attended the road-show and provided product demonstrations and trials. The day was favourably reviewed by all suppliers and attendees.

It's been a busy and rewarding six months – with learning and development and sharing of knowledge integrated with our day to day focus on client care.

COMMUNICATIONS

The CRC have teamed up with Disability Federation Ireland and 11 other organisations to create a campaign called Make Way Day.

We are calling for all County Councils and Lord Mayors to establish a National Make Way Day. The Make Way Day campaign will ask the public to be more aware of people who have a disability when putting obstacles such as wheelie bins on paths, and to be more mindful about keeping footpaths clear for those in wheelchairs, mobility walkers, or those who may have a vision impairment.

Everyday actions like parking up on kerbs, erecting sandwich boards, or leaving a bike collapsed on the ground can make travelling even a short distance an uncomfortable and sometimes dangerous experience for those with impaired mobility and/or vision.

The advertising agency have created a website www.makewayday.ie, Facebook and Twitter channels.

They asked organisations to do two things; 1. Make a video 2. Take part in a sticker day.

Over 90 videos were submitted which made a 60 second campaign video showing everyday challenges people face.

On 26th September organisations also took part in a Sticker Day. Each community woke up to stickers on every obstacle that were in the way of someone getting around. This could be a wheelie bin, a car, a bike, a hedge – anything goes! If it's in your way it got a sticker!

The campaign succeeded in getting a lot of media coverage for the campaign, and some high profile people to support it throughout on social media, and in the Media.

They plan for another day of action on World Disability Day December 3rd.



CRC ON THE NEWS!!



On Monday 9th October our Adult Services went out to protest for the ratification of UNCRPD- the United Nations Convention on the Rights of Persons with a Disability.

This was a hugely important day for our adults as they were going it alone at the gates of Leinster House.

It was so fantastic to hear so many of our own disability activists, from across the centres, speak so well. Our protest received a lot of coverage from RTE, TG4 and TV3 and was first item on the 6 news along with the budget. We were delighted that Senator John Dolan, Richard Boyd Barrett TD and Paul Murphy TD came to support the CRC and the adults that attend the services.

There was a huge turnout on the day and a big thank you to all the staff and

managers for their support and for all the preparation that went into the day, supporting the adults with their speeches, preparing banners and placards.

A big thank you to all the bus drivers on the day, as the protest would not have been possible without you!

WORLD CEREBRAL PALSY DAY



October 9th was World Cerebral Palsy Day and the theme of this year's celebration was 'I Am Here', 'We Are Here'.

Our CRC Seniors got together and made an enormous effort to make placards and videos of themselves and their classmates to mark the day and these were shared on the CRC Facebook page and website to mark World Cerebral Palsy Day. They had a fantastic time and their teachers were all very proud of the effort they made.

One of our Seniors Marcus Long and his mum Jennifer went on Ireland AM to talk about cerebral palsy with Dr. Jane Leonard. They had a lovely time on the set talking about themselves, what it is like living with CP and films they like.

WORLD CEREBRAL PALSY AWARDS

Our Civil Rights work by Rachel Glennane and Adult Services has been commended for being a champion for cerebral palsy from the World Cerebral Palsy Awards.

While our project was not one of the award winners, we are delighted that our work was recognised with a Certificate of Participation. The Gait lab also received a Certificate for their Crouch Gait Analysis Project.



CRC SHORTLISTED FOR THREE MAJOR AWARDS

What a week for nominations and awards. We have been shortlisted as a finalist in the Good Governance Awards and Chartered Accountants Ireland Published Accounts Awards.

The awards recognise those organisations that adhere to good governance practice in Ireland in the area of financial transparency, governance and financial reporting and Annual Reports.

This is a real achievement and recognition of the hard work that has always been a part of the CRC.

The ceremony for the Good Governance Awards will be held on 16th November and Chartered Accountants on 24th November.

Our outgoing Board member and Chairperson Kieran J. Timmins has been shortlisted as one of five finalists for The Wheel Trustee of the Year Award.

The public will have a chance to vote for the shortlisted nominees from November 6th – December 6th.

At the same time, a panel of expert judges will evaluate the shortlisted nominations. A single winner will be chose in this category.

Please vote for Kieran/CRC on www.charityimpactawards.ie. We are currently in the lead so get voting!



IRISH EARLY CAREER AWARDS

Meabh Healy, an Occupational Therapist with the School Aged Team (SAT) and Michael Moriarty, Head of Finance were both nominated in the Irish Early Career Awards.

Meabh was nominated for a Special Recognition Award and Michael was nominated for Accounting Professional of the Year. The final took place on November 2nd in the Mansion House. Congratulations to Michael who won on the night.



MEABH HEALY

Paediatric Occupational Therapist – Central Remedial Clinic

- Lead role in developing Policies & Procedures for Disability Teams across North Dublin & Dublin County as part of Progressive Disability Service.
- Coordinated a young adult conference 'SYNER-CHI'; highlight & create awareness of mental wellbeing and services available nationally.
- Completed research dissertation in collaboration with Enable Ireland. Published in The Irish Journal of Occupational Therapy.
- Junior Chambers of Ireland Galway, Outstanding Young Person of the Year Nominee.



MICHAEL WICKHAM MORIARTY

Head of Finance – Central Remedial Clinic

- Since 2015 Michael has been reforming financial management at the Central Remedial Clinic.
- Michael trained with PwC. After leaving PwC as a Tax Manager he has worked supporting NGOs from Sudan, to West Africa to Inner City Dublin.
- Michael is a Governor of the Rotunda Hospital and is a regular marathon runner.



SENIOR TEAM

CEO

STEPHANIE MANAHAN

Stephanie is responsible for the overall leadership and management of the CRC, for delivering on the Strategic Plan for the CRC and for reporting to the Board on all related and required matters to support the Board in executing its duties effectively and efficiently.



MEDICAL DIRECTOR

DR OWEN HENSEY

The role of the Medical Director is to deploy and manage consultants and other medical resources. Each consultant reports to the Medical Director. The Medical Director works closely with the Head of Children's and Clinical Services and the Head of Specialist Services and Research to support the planning of clinical services for children and adults attending the CRC.



HEAD OF CHILDREN'S AND CLINICAL SERVICES

GERALDINE PRUNTY

The role of the Head of Children's and Clinical Services is to provide management and leadership for the clinical services in Clontarf, Clondalkin and Waterford. The Head of Children's and Clinical Service ensures quality service delivery that will result in the best outcomes for children and adults. The focus is on achieving the maximum potential for each child and adult enhancing their independence and quality of life.



HEAD OF ADULT SERVICES

ALISON MCCALLION

The Head of Adult Services is responsible for the strategic leadership, management and development of Adult Services in line with the expressed needs of the adults in the service, their families and the objectives set out in the CRC Strategic Plan. The Head of Adult Services ensures that all services are delivered by a professional and qualified team of staff, who are trained to deliver a high quality service that is compliant with all national and local policies.



HEAD OF SPECIALIST SERVICES AND RESEARCH

MIKE WALSH

The Head of Specialist Services and Research has overall responsibility for the management, delivery and development of specialist clinical services and profile research and education in the CRC. The specialist services currently include Assistive Technology and Specialised Seating, Gait Laboratory and the CRC National Specialist Clinical Services.



SENIOR TEAM

HEAD OF QUALITY, RISK AND SAFETY STEPHANIE KILRANE

The Head of Quality, Risk & Safety is responsible for ensuring compliance with all relevant legislative requirements and to drive the implementation of best practice in all aspects of Quality, Risk & Safety. The Head of Quality, Risk & Safety fosters a culture of quality that continuously seeks to provide safe, effective, person-centred care across all services.



HEAD OF GENERAL SERVICES AND CAPITAL PROJECTS JANE MITCHELL

The role of the Head of General Services and Capital Projects is to maintain CRC premises and services; to plan, manage and coordinate assigned construction projects and related activities; and to provide essential supports and general services to staff, clients, and their families.



HEAD OF HUMAN RESOURCES GERRY FALLON

The Head of Human Resources has responsibility for the overall strategic and operational management of the Human Resource function in the CRC. The Head of Human Resources is also responsible for ensuring best practice HR standards are met and play a key role in providing guidance and support to managers and relevant others as appropriate.



HEAD OF FINANCE MICHAEL WICKHAM MORIARTY

The Head of Finance is responsible for financial management of the CRC. The Head of Finance provides leadership in ensuring financial practices are fit for purpose and deliver quality and efficient services in a changing environment. The Head of Finance works with the CEO to develop financial procedures and structures to comply with best practice for the financial governance of charities and public benefit entities.



HEAD OF PHILANTHROPY, FUNDRAISING & PARTNERSHIPS ZIVA NEWMAN

The Head of Philanthropy, Fundraising & Partnerships is responsible for setting out the fundraising strategy for 2017-2021 with the view to develop sustainable and independent income for the CRC. The main focus is on stewarding the existing supporters, developing new relationships with individuals, local businesses and corporate business.



 Don't forget to Like us on [Facebook.com/centralremedialclinic](https://www.facebook.com/centralremedialclinic)

 CRC [@centralremedial](https://twitter.com/centralremedial)