



# CRC SCENE

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## Carer's Week at the CRC

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## ESS Conference 2018

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## RT 20<sup>th</sup> Anniversary

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*Send us your stories [communications@crc.ie](mailto:communications@crc.ie)*

# CEO WELCOME

We are certainly enjoying one of the best summers ever and it has brightened all of us as we work through the summer months. We have been able to enjoy some great outdoor activities and day trips with children and adults and hats off (or on in the midday sun!!) to you all for the creativity and energy in getting out and about.

We are delighted to have presented the CRC Annual Report 2017 to the Board in June for approval and sign off and a massive thanks to Michelle & Dan in Communications and Yvonne and the finance team and all contributors for producing a really super document. The annual report is currently being printed and will be available by the end of August.

In other news, on behalf of myself and the Board I am delighted to announce two new Members to the CRC. It is an honour to welcome Ann Jackson and Leah Goulding. You all will be familiar with Ann who was principal of the CRC School and has a lifetime of working with children. I'm thrilled that Ann will be working with the Board as a member and she will be a great resource to them. Leah is the granddaughter of Lady Goulding, our founder. I am really delighted to welcome Leah as it is such a lovely link to her Grandmother whose vision made it all happen. Leah is a nurse and works in St Michaels Hospital, Dun Laoghaire.

The role of a member is more limited and less involved than that of a director. Members attend one AGM every year (as well as any EGM that might be called) to receive a copy of the CRC's annual accounts and to vote on matters brought to any general meeting.

Enjoy the summer and this great edition of CRC Scene!

Stephanie Manahan  
CEO of CRC



Leah Goulding, CEO Stephanie Manahan and Ann Jackson



# COMMUNICATIONS

## CRUINIÚ NA NÓG

Helium Arts in partnership with the Central Remedial Clinic Pre-School welcomed families to experience a multi-sensory picnic adventure for young children with additional needs on Saturday 23 June as part of Dublin City Council's Cruinniú na nÓg.

Artist Orla Kelly and musician Jonathan Wilson engaged pre-schoolers, their siblings, and their parents in a feast for the senses. The event used sensory art and installational play techniques inspired by Helium Arts' Pop Up Picnic, an immersive and multi-sensory performance project for young children with complex needs. Families had the opportunity to relax, be inspired, and play together. A video of the day is available at <https://vimeo.com/282172208>. The password is CRC.



Artist, Orla Kelly



Colourful and multi-sensory performance



Maisie and SNA, Aoife Colley



Musician, Jonathan Wilson



Fun for the whole family



Kitty and Ciara O Toole



## CARER'S WEEK 2018

This year, the CRC was an official partner to Care Alliance Ireland for Carer's Week June 11-15th.

Carer's week is about celebrating our carers, and recognising the unseen work they do. With this in mind we organised a number of events in Clontarf and our other locations. We began celebrations in Clontarf, Waterford and Scoil Mochua with a coffee morning followed by the launch of our new Family Room. We had information stands

from Citizens' Advice, the FAI, Free Legal Advice Centre and Men's Sheds to name a few. On Thursday 14th we ran a Mindfulness workshop with Padraig O' Moran.

Throughout the week we also offered a small number of beauty treatments such as nails, make-up application, massage and GHD hair styling. We are extremely grateful to the local businesses and volunteers that gave up their time and skills to give back to the parents and carers of those that use CRC services. Feedback on the ground was incredible and our work was also picked up nationally by our other partners across social media.



Carer's Week in full swing



Lynsey, Niamh and Geraldine enjoying delicious scones



CEO Stephanie Manahan, launching the Family Room



The Family Room launch party



Tom Scott, SBHI; Michelle Merrigan, Communications Manager, CRC; Liam O Sullivan, Director, Care Alliance Ireland; Dr. Sabina Brennan; Carmel Geoghegan



Jenny Faison from Nautilus Beauty





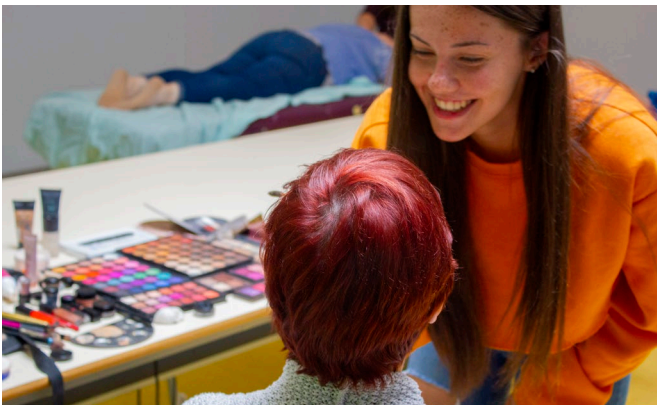
Nothing but talent at the Carer's Week football match. An exciting match that Team B won with just seconds left on the clock



Dave and Debbie meant business at the football



Our Volunteers Caoimhe, Lauren and Emma



Makeup Artist Amy giving professional makeovers



Rachel and the Ballymun Law Centre staff



Men's Sheds stopped in to give a presentation



Bernard and Katleen enjoying Carer's Week



## ANNUAL REPORT 2017

The 2017 CRC Annual Report is now complete and available on [crc.ie](http://crc.ie). We provided services to children from every county in Ireland and our impact is measured not only in the numbers of people we serve but the stories they tell. We delivered on our service arrangements and funding contracts for 2017 and we managed our services within the budget as set out at the beginning of the year. This year saw consolidation of our Strategic Plan as we took it off the pages and made it our day to day reality.

In this year's annual report we have focused on our Strategy in Action, on how the operations and day to day services are all connected to 'Towards 2021'.

We also showcase the work done in 2017 with our adults in helping their voices be heard and we supported them in reaching out to the political system to seek ratification of the United Nations Convention on the Rights of Persons with Disabilities (UNCRPD). The adults were incredible in the tenacity and courage they showed from protesting at the gates of Leinster House to their meetings with Minister Finian McGrath to the celebrations on the ratification on March 7th 2018. Please read the annual report as it really gives a sense of the trojan work being done in every department of the CRC, and more importantly details where our funding and fundraising is spent.



### Clinical and Children's Services

**3,678**  
families

**74,000**  
attendances

**140,766**  
interventions

**Clinical Services** works together with parents and families to make a positive difference despite the challenges that can come with disabilities. We offer specific medical and clinical services for children, young people, and adults with disabilities from birth through to adulthood and all through the life cycle.

The overall aim is to develop and maintain the full potential of children and young people so that they achieve their maximum independence and increased quality of life and lead a happy and hopeful life.

### Children's and Clinical Services Some of our Highlights in 2017

In 2017 we delivered clinical services to **3,678 families** with **74,000** attendances and **140,766** specific interventions.

**180 new children** received services from the CRC School Aged Disability team in 2017. Over 90% of these children have autism and did not have access to services previously so for them it was their first interaction with services.

**Our home respite activities increased by 34% in 2017** - 4,000 hours of home supports were provided to 57 children giving the parent a three-hour break while their child is cared for. 28 of these children were 0-5 years, 27 were 6-18 years and there were two 19 years olds.

We provided **5,060 interventions in psychology** across assessment and intervention by clinical, behavioural and educational psychologists.

CRC staff were involved in the **establishment of the Sportsability Forum** with other agencies in Waterford and two posters were presented at the National PDS Conference in December 2017.





**Adult Services** is committed to supporting young people and adults with disabilities to achieve a good life - a life with opportunities to develop new skills, realise their potential, achieve academically, advocate for disability rights, build relationships and participate in local communities and wider society, through valued social roles.



State Income €18,368,653 (€18.4m)      Other Income (€866,676)

Fundraising and The Care Trust income €1,198,305 (€1.2m)

## Specialist Services

### Some of our Highlights in 2017



In 2017 we had 1022 onsite consultations (886 clients) with orthopaedic surgeons

There were **336 consultations (264 clients)** with paediatric neurologists in the CRC in 2017.

Our paediatricians are medical consultant leads on some of the multidisciplinary specialist services, e.g. Spasticity Management, Feeding, Eating, Drinking and Swallowing (FEDS) service, Intrathecal Baclofen (ITB) service.



In 2017 approximately 232 clients from around the country attended our specialist multidisciplinary Feeding, Eating, Drinking and Swallowing (FEDS) clinics for assessment, diagnosis and to receive individualised management plans.

In 2017 there were 1456 consultations (1140 clients) by paediatricians specialising in neurodisability



Adult Services	Number of Adults who went on Overnight Trips	Art Work Exhibited	No of Adults involved in Sports in the Community	Visits to other places
Lifestyles/ Lifeskills / Transition Programmes	26	1	32	Kilarney/ Carlow/ Manchester
Rehabilitation Training Centre	21	14	19	Cork
CDETB	21		5	Galway Belfast
Coolock Local Centre	37	18	5	Roscommon
Firhouse Local Centre	50		3	Roscommon/ Wexford
Hartstown Local Centre	27			Lanzarote, Co Dublin, Wicklow, Meath, Galway

## Scoil Mochua Highlights of 2017



Green Schools Award - Scoil Mochua won the 'Best Secondary School' in the Dublin area for their work on Water Conservation - students went to a presentation in the Radisson Hotel Dublin to receive their new green flag, trophy and prize of €750.

The Erasmus+ project continued to flourish. There were training trips to Belfast, Wales and Scotland with return visits hosted from other schools. Communication Passports were launched which hugely benefitted our non-verbal student population.



# SPECIALIST & CLINICAL SERVICES

## ESS CONFERENCE 2018

In June the CRC was proud to host the 6th European Seating Symposium which took place in Trinity College Dublin. The event is geared towards professionals, manufacturers, suppliers and users of Seating & Assistive Technology and is now established as the leading event in Europe, and further afield.

The packed 3-day programme featured plenary sessions and workshops including speakers such as Susan Taylor, Jean Minkel and Wade and Carol Shrader. Attendees came far and wide from Europe, New Zealand and Canada.

We had many renowned international speakers and it was a wonderful showcase of CRC expertise and professional knowledge. A huge amount of planning went into the 3-day conference and thanks to Lisa McCormack, Mary McDonagh, Simon Hall and all ATSS staff.



A full house at the European Seating Symposium



CEO Stephanie Manahan, giving the opening speech



Writer and blogger, Geraldine Lavelle, speaking at the event



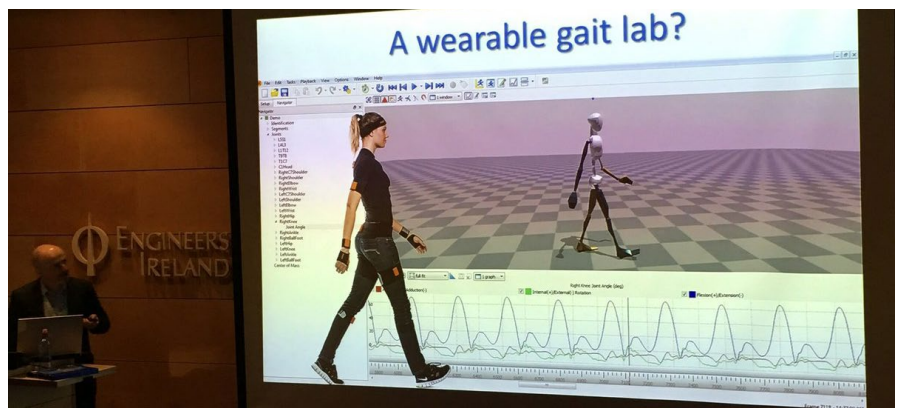


Attendees and exhibitors at ESS



## CMAS 2018

The CRC Gait Lab hosted the 17th Annual Meeting of the Clinical Movement Analysis Society in Engineers Ireland in April this year. The programme included keynote lectures from Dr. Chris Newman, Dr. Dara Meldrum and Dr. Chris Richter, as well as our own Gait Lab team of Rory O' Sullivan, Damien Kiernan and Colm Daly. There were workshops, case presentations, group discussions and an exciting competition of Stick Figure Charades.





## SUMMER PROJECT

The year the summer project supported 63 school children over four weeks with exciting activities ranging from trips to the Aviva & FAI, cinema, bowling, treasure hunts and cake making.

We have over 40 volunteers participating every July and we are grateful to them and to our funders for their financial support.



Football skills on show at the FAI camp



Mark Connor's FAI Camp

CRC SUMMER PROJECT 2018			
WEEK 1	MORNING	AFTERNOON	LUNCH
MONDAY	MEET & GREET SCRAP BOOK	MAGICIAN SHOW	PACKED LUNCH PLEASE
TUESDAY	TRIP TO THE ZOO	TRIP TO THE ZOO	PACKED LUNCH PLEASE
WEDNESDAY	CLONDALKIN FAI CAMP	CLONDALKIN FAI CAMP	PACKED LUNCH PLEASE
THURSDAY	SANTRY MOVIE TRIP	SANTRY MOVIE TRIP	PACKED LUNCH PLEASE
FRIDAY	MAGGIE BIGGS CHILDREN'S ENTERTAINER	OUTDOOR GAMES	LUNCH PROVIDED
WEEK 2	MORNING	AFTERNOON	LUNCH
MONDAY	BOWLING TRIP	BURGER KING	LUNCH PROVIDED
TUESDAY	LIFFEY VALLEY SHOPPING TRIP	LIFFEY VALLEY SHOPPING TRIP	PACKED LUNCH PLEASE
WEDNESDAY	ST. ANNE'S PARK GAMES	PIRATES & PRINCESS TREASURE HUNT	PACKED LUNCH PLEASE
THURSDAY	BOCCIA & SPORTS AWARDS	BOCCIA & SPORTS AWARDS	PACKED LUNCH PLEASE
FRIDAY	DRAMA	PARTY & DISCO	LUNCH PROVIDED

CRC SUMMER PROJECT 2018			
WEEK 3	MORNING	AFTERNOON	LUNCH
MONDAY	MEET & GREET SCRAP BOOK	MAGICIAN SHOW	PACKED LUNCH PLEASE
TUESDAY	BOWLING TRIP	BURGER KING	LUNCH PROVIDED
WEDNESDAY	CLONDALKIN FAI CAMP	CLONDALKIN FAI CAMP	PACKED LUNCH PLEASE
THURSDAY	AVIVA STADIUM TRIP	AVIVA STADIUM TRIP	PACKED LUNCH PLEASE
FRIDAY	ST. ANNE'S PARK GAMES	TREASURE HUNT	PACKED LUNCH PLEASE
WEEK 4	MORNING	AFTERNOON	LUNCH
MONDAY	MOVIE TRIP	MOVIE TRIP	PACKED LUNCH PLEASE
TUESDAY	LIFFEY VALLEY SHOPPING TRIP	LIFFEY VALLEY SHOPPING TRIP	PACKED LUNCH PLEASE
WEDNESDAY	CAKE MAKING	GARDA BAND /ICE CREAM VAN	PACKED LUNCH PLEASE
THURSDAY	BOCCIA & SPORTS AWARDS	BOCCIA & SPORTS AWARDS	PACKED LUNCH PLEASE
FRIDAY	DRAMA	PARTY & DISCO	PACKED LUNCH PLEASE





Orla and Paula enjoying the action at the Football match



The unstoppable Cillian saving every attempt on a goal



The Garda Band were in flying form



A perfect mix of modern pop songs and old classics



Ross Dunne and Abiola Oyadina belting out Bruno Mars!



A relay race to decide the victims of a water fight



The losers were completely saturated



Water fight mayhem!



# ADULT SERVICES

## RIGHT TO DECIDE ERASMUS + PROJECT

The Erasmus + project came about from Key Action Number 3 in New Directions which aims to give young people the opportunity to interact with decision-makers on issues of concern to young people and to influence policy. The Training and Development team in consultation with CRC adults and our Human Rights Officer believe there needed to be more engagement between adults with disabilities their local decision makers.

Working with Leargus , CRC Adults developed the Rights to Decide project, which received Erasmus + funding for a year-long project with monthly workshops. The project gives an inclusive and comprehensive overview of Human Rights, Advocacy, Safeguarding Rights, Policy . The Right to Decide Project plans to partner with the National Youth Council on their structured dialogue programme Young Voices.

This will give an opportunity for young people with and without disabilities to engage in a dialogue around rights and their ability to effect change locally. There were 35 young adults who participated in the workshops in the Helix on “what makes a person” and “walk in their shoes”, a debate on barriers faced in society. CRC RT students produced a live broadcast on Transport Assistance on Near FM.

The workshop facilitator was Noel Carroll with support from a team of staff from the CRC and Human Rights Project Officer Rachel Glennane.

An illustrator Fintan Taite harvested their views and illustrated the work done on the day.



Sketches of participants on the day



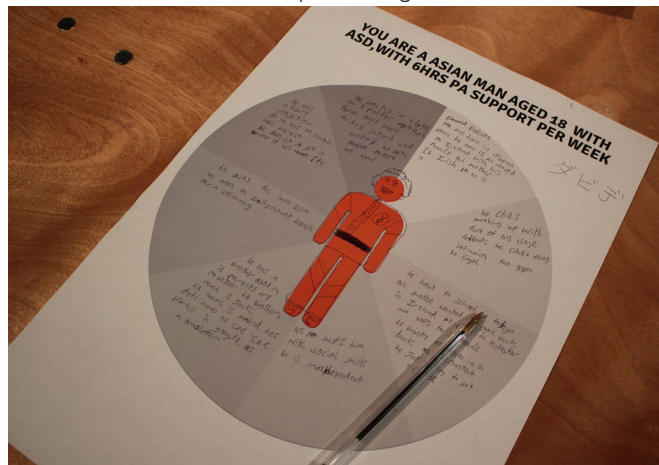
Noel Carroll presenting



Conor and Jordan presenting their character



David presenting his character



Designing up characters and their life





Damien and Darren presenting their character



Emer and Tamika



Nathan and Chloe



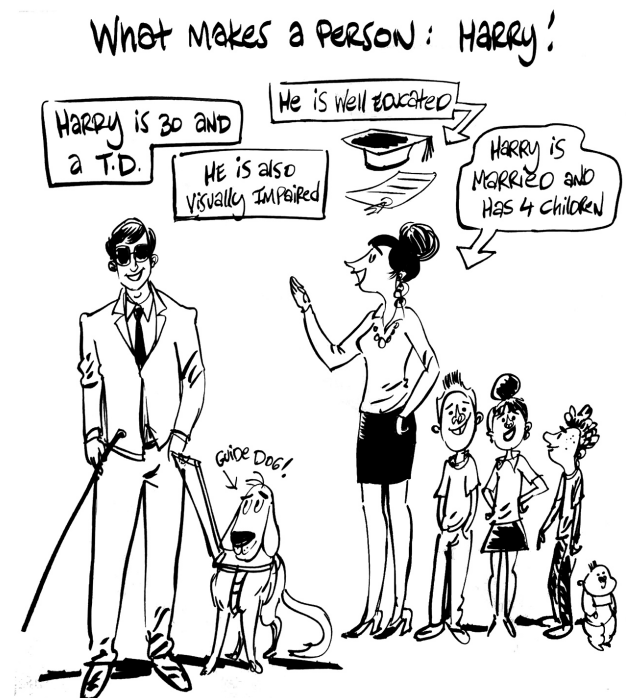
Dan helping out the teams



Teams discussing their person



Darren, Roberts and Patrick







Amanda presenting at the Graduation



Sarah and Stephanie



RT Graduation Group 2018



Glamorous Ladies at the Graduation

## RT 20<sup>TH</sup> ANNIVERSARY

The Rehabilitative Training Centre has been in operation since 1997. The original name was Skill Base funded by the HSE and ESF. The programme offered an Introductory Vocational Skills Programme which provided training for 24 participants who fall into the category of young school leavers with physical/ sensory and or a mild intellectual disability.

Rehabilitative training places a strong emphasis on personal independence and the social skills needed to participate as a member of the wider community. There is a suite of QQI accredited modules which the learners can select from to achieve their individual goals. Wherever possible, learners are encouraged and supported to integrate into classes at other training locations and colleges in the local community.

The programme continues to thrive and grow and establish links with local authorities and businesses.

Over the past twenty years the centre has seen many changes but continues to develop and adopt to keep the programme progressive. We now embrace the New Directions Policy and guidelines which will further enhance what we do.



Amanda and Deshaunte





The gang out for a fun day of Crab Fishing



A fine catch of crabs scurrying back to shore



Sailing with instructors off the coast of Clontarf



Everyone out for a great day at sea

## PHANTASARIE

The Rehabilitative Training Centre presented their new stage play “Phantasarie” - a fun filled romantic fantasy adventure- in the Sean O’ Casey theatre, East Wall for two nights in June. The play told the story of a magical forest inhabited by a powerful magician, vampires, the amorous Cupid, the glamorous Isabella, the Fairy Queen, the handsome Brad, the vengeful Judge Mental and the love-struck Phantasarie.

It was a fantastic performance from all the actors and actresses and it sold out both nights. We were also delighted to get a special staff performance in the CRC canteen in July which was a huge success.



Cormac Walsh, Artistic Director and the full cast from Phantasarie





# FUNDRAISING

## THE WHEELCHAIR SWING

Up, up and away!!!!  
Our wheelchair swing has finally arrived

Up, up and away!!!! Our wheelchair swing has finally arrived!

Thank you to our corporate partners Electric Aid, Ulster Bank, Clontarf Business Association, Xilinx, our individual supporters, our parents and our staff who fundraised for this much needed addition to our much used playground.

Scoil Mochua is getting their own wheelchair swing installed this summer! Let's hope for a lot of WHHHHEEEEE...! from them too!



Lilly and Conor enjoying the new swing

## DELOITTE SCOIL MOCHUA

We had a fantastic day in Scoil Mochua with the Deloitte Team who made our wonderful courtyard look amazing!

The Deloitte Team were so lovely, friendly, and positive about the work that we do and the work they did for us that we hope to work with them again on another project soon. Thank you, Deloitte!



The Deloitte Team



Beautiful work from the Team

## THE HOSPITAL SATURDAY FUND

We are very thankful for the very generous donation of €13,500 from the Hospital Saturday Fund (THSF) for our annual Summer Project, for the second year in a row.

THSF visited us in May when Conor Dillon, Aoife Timothy, John White and Ziva Newman talked about the importance of the Summer Project for our pupils, their parents and families,



our teachers, staff and the amazing volunteers who help every day.

We presented to Paul Jackson, CEO of THSF, Cathal Nolan and Mia Shepherd who were so impressed by all the kids, activities, volunteers, staff, and the history of the Summer Camp that they decided to support us again this year and be part of our pupils making their childhood memories.



# THANK YOU TO OUR BRILLIANT STAFF WHO HAVE SUPPORTED CRC PROJECTS AND PARTICIPATED IN EVENTS THIS YEAR . TOGETHER YOU HAVE RAISED JUST UNDER €4,000. THANK YOU!



Tommy Meskill from RTE's News2day was in to cover the Exhibition with Marcus Long.



Louie with some of the artwork he created



Beautiful artwork just before it got snapped up from buyers

## CRC SCHOOL ART EXHIBITION

The CRC School hosted their annual CRC School Art Exhibition  
Wednesday 23<sup>rd</sup> May – Friday 25<sup>th</sup> May.

The artists, all students in the CRC School range from age 3 to 19. It is an extraordinary feat for them to produce work of this caliber. Every child produces at least one work of art. The exhibition is an incredible showcase of hard work and talent with over 100 works. The Communications Manger had arranged for News2Day program to cover the art exhibition. The programme was so good that it was also shown on the 6-1 news and 9pm news and was shared many times across social media. Interviews with Kristen Fagan and Nathan Chaney-Kiely were also aired. Well done to Maire Talty, Art Teacher and all involved. We raised in excess of €3,000 for the school. Thank you to everyone who visited and purchased art.



Maire Talty





## POBAL ABILITY FUNDING

We are thrilled to be one of 27 chosen projects and awarded €695,000 over the next three years to roll out a programme focusing on developing pathways to further education and employment.

The project has two strands;

Strand 1 focuses on the CRC senior school children and through the Pobal Ability Funding we have secured a school guidance counsellor for the senior pupils of both CRC schools and a Human Rights Officer who will support the school children and young people through education.

Strand 2 focuses on current and past students of the CRC between the ages of 18 to 29. The CRC has partnered with Colaiste Ide CDETB, a college for Further Education, where students will be supported.



## VHI MINI MARATHON

In June Team CRC had great fun pounding the city pavements and wearing our Team colours proudly in the sea of a variety of charities.

This year Team CRC walked, ran and jogged to raise funds for our annual Summer Project. We started at the Oscar Wilde statue in Merrion Square Park, and after waiting for each other at the finish line we ended up in Copper Face Jacks for celebratory and complimentary nibbles and prosecco!!! Thank you Copper Face Jacks for making this year's Mini Marathon so glamorous for Team CRC!

Special thanks goes to Veron, Stephanie, Alison, Alex, Ana, Ziva and all the ladies and gents who did this challenge with us and who supported us, and the Summer Project, along the way.

Here's to next year!

## SMOKE FREE CAMPUS SEP 2<sup>ND</sup> 2018

The CRC as a provider of health and social care is committed to reducing smoking and the use of tobacco related products and their harmful health effects.

From September 2nd the CRC is introducing a smoke free campus to all our sites. The aim is to create a healthier, smoke free, clean environment for our staff, service users and visitors.



## TOMAR TRUST

We are thrilled that CRC Waterford has been granted €10,000 towards their courtyard makeover from Tomar Trust. With this most generous donation we plan to create an outdoor space that is wheelchair accessible for clients and families to enjoy while visiting us.



The Courtyard before its transformation



# VOLUNTEERS

## MAY GRAY & ELSIE FURLONG RETIREMENT

In July we bid a fond farewell to two CRC volunteers May & Elsie who have 85 years CRC volunteering experience between them. Many thanks to all staff and CRC clients who turned out to wish them well and show their gratitude for all they have done. They were given a fitting send off with flowers, gifts and art work from the children in the school.



Nothing but hugs and love was shown to May and Elsie



A standing ovation from everyone at the CRC

## CRC WHEELCHAIR HURLING TEAM MEET HARRY AND MEGAN



The Duchess of Sussex, Meghan Markle, with Alec and Sarah



Nathan giving Prince Harry a Hurley in Croke Park





 Don't forget to Like us on [Facebook.com/centralremedialclinic](https://www.facebook.com/centralremedialclinic)

 CRC @centralremedial