



CRC

Central
Remedial
Clinic

YOUR CRC FUNDRAISER'S TOOLKIT



Isabella, Philip & Aoife

EVERYTHING YOU NEED
TO KNOW ABOUT
FUNDRAISING FOR THE CRC

From the sofa to the summit – there's a fundraising option to suit everyone!

It's all about raising spirits, awareness, and funds to enable more people to thrive.

And you're amazing for doing it.

TOP FUNDRAISING IDEAS

GET TOGETHER

You can host a bake sale, coffee morning, quiz night, or dinner party – enjoying time together while raising vital funds.

GET ACTIVE

One of the most popular ways to fundraise is to organise a walk, run, cycle, swim, or trek in aid of the CRC. The more the merrier! This can be a lovely way to gather with friends and colleagues in the fresh air for a good cause.

GET IN THE SEA FOR CRC

Sea swims are an incredible way to make a splash for vital CRC supports and services. Swimmers commit to taking 10 swims in the month, creating an amazing community and sharing photos to help keep momentum and spirits high.

GET OUTSIDE YOUR COMFORT ZONE

Take on a personal challenge like running a marathon, climbing a mountain, or learning something new, and ask friends and co-workers to sponsor you to achieve your goal. You can set up a Facebook fundraiser for your challenge or use sites like JustGiving or iDonate to create your online fundraising page.

GET MATCHED

Another amazing way to support people with disabilities is to ask your company, principal, or club to match the funds you raise. This can double your fundraising efforts, raise awareness, and help even more people be a part of something so wonderful.

CHANGING A LIFE STARTS HERE

TIPS TO MAKE YOUR FUNDRAISER A SUCCESS

Top tip:
Don't forget to
personalise your
page! Photos
and updates go
a long way.

Talk to us

We are so happy and honoured that you're choosing to fundraise to support people at the CRC, and we'd be delighted to help in any way we can.

Set a target

Having a clear goal can give people something to work toward, and it can also encourage people to go that extra mile.

Form a team

Organising a great event is a team effort. Often there are lots of people who are happy to help, you just have to ask!

Create a page

Setting up your own fundraising page using sites like Facebook, JustGiving, Enthuse.ie, or iDonate is a great way for people to share their support quickly and easily.

Use social media

Promoting your fundraising efforts via social media channels can be a fun way to share photos and updates with more people. Don't forget to link your fundraising page as well.

Ask

The number one reason people donate to a fundraiser is because someone asked them. It can be as simple as that! Try sending a personal email, WhatsApp, or social media message – and don't forget to remind people nearer the event.

Remember

You're doing something truly extraordinary, and your efforts will make a big impact to people with disabilities across Ireland. Thank you so much.

THANK YOU.



HOW TO SEND BACK YOUR DONATIONS

By post, please address any donations to:

Central Remedial Clinic Penny Ansley Memorial Building,
Vernon Avenue, Dublin 3, DO3 R973

By bank transfer: IBAN IE59 AIBK 9321 3207 6841 57
BIC AIBKIE2D

By Phone: 01 854 2212

By email: Veron at velliott@crc.ie

Online: www.crc.ie



“Thank you so much. You are enabling people like my daughter to live the lives of their dreams.”

– **Sophia's dad Bernard**

WHAT YOU DO TODAY
CHANGES WHAT SOPHIA
CAN DO TOMORROW

**Thank you so much for fundraising for the CRC.
Your energy and kindness are important and inspiring.
And most of all, they will change lives.**

COMMUNITY LEAD



Veron Elliott
T: 01 854 2212 E: velliott@crc.ie

**Can't make
the event?
Donate here.**



CENTRAL REMEDIAL CLINIC
Vernon Avenue
Clontarf
Dublin
D03 R973
www.crc.ie

CHY No 4998
CRO No 14880
Charity Reg. No 20006938