

# Central Remedial Clinic

## ARGENTINA 2011

9<sup>th</sup> to 20<sup>th</sup> March 2011

~ITINERARY~

### DAY 1 ~ Wed. 9<sup>th</sup> March - DUBLIN/MADRID

Depart Dublin Airport for Madrid to meet our overnight flight to Santiago, Chile.

### DAY 2 ~ THURS 10<sup>th</sup> March - MADRID, Spain/SANTIAGO, Chile/USPALLATA, Argentina

On arrival in Santiago we will be met by a representative from the tour company and we will transfer to our hotel in Uspallata where we will be based for the next two days trekking in the shadow of Mt Aconcagua, the tallest peak on the South American continent.

Time for relaxing and acclimatising before dinner and an early night!

#### Dinner and overnight at Uspallata Hotel



### DAY 3 ~ FRI 11<sup>th</sup> March - USPALLATA – Puerta del Inca/ Parque Provincial Aconcagua



After breakfast we depart from our hotel and visit the famous natural bridge "Puente del Inca" on our way to our trekking start point in the 71,000 hectare Parque Provincial Aconcagua, the site of the provinces most prominent attraction the 6,962metre Cerro Aconcagua, the "roof of the Americas".

Following the Horcones river gully we will trek towards "Confluencia"camp.



#### Dinner and overnight at the Uspallata Hotel

### DAY 4 ~ SAT 12<sup>th</sup> March - Minas de Paramillos/ Villavicencio/Mendoza

This morning after breakfast we will checkout of our hotel and board the coach for our first stop and at the Minas de Paramillos. We will commence our trek at the shelter 'Agua de la Zorra', heading north we will visit Jesuit ruins, mine caves and petrified forests along the way until we enter the mines at El Gobernador mine tunnel.

After a packed lunch we will head to Villavicencio famous for its hot springs that are known for their mineral and healing properties. The drive from Uspallata to Villavicencio is breathtaking. Named Los Caracoles (the snails), this road winds through formations that have come to be known as 'Darwin's Petrified Forest' as well as passing by some interesting Inca rock paintings.

We will continue our journey to Mendoza and on arrival we will check in to our hotel our base for the next four nights.

#### Dinner and overnight at The Executive Hotel.



**DAY 5 ~ SUN 13<sup>th</sup> March - Termas de Cacheuta /MENDOZA**

*Mendoza* - A bustling city of leafy avenues, atmospheric plazas and cosmopolitan cafés, it is one of the most beautiful and neat cities in the country. It is an all season destination for trekkers, hikers, climbers, skiers, rafters, bikers and wine lovers alike!

This morning after breakfast we depart our hotel and transfer to our trek start point at Thermas de Cacheuta Hotel from where we will head south towards the Mount Niodo de Condores ridge. We can finish our trek with dip in the natural hot springs

**Dinner & Overnight: 4\* hotel Mendoza**

**DAY 6 ~ MON 14<sup>th</sup> March - Altos Limpios /Lavalle/MENDOZA**

We depart from our hotel and head for Lavalle and start our trek from the forest rangers office in Teltecan. Los Altos Limpios and Teltecan Forest Reservation are rich in flora and fauna.

**Lunch: Packed lunch Dinner and overnight at a 4\* hotel.**

**DAY 7 ~ TUE 15<sup>th</sup> MAR - Valle de Uco / MENDOZA**

This morning after breakfast we leave our hotel for a long walk along different varieties of vineyards growing in the region of the Uco Valley.

**Dinner & Overnight: 4\* hotel Mendoza**

**DAY 8~ Wed 16<sup>th</sup> March - Mendoza/BUENOS AIRES**



We will have an early start this morning as we transfer to the airport to catch our two hour flight to Buenos Aires. We will be met by our ground handlers and will transfer to our hotel. After check-in we will tour Casa Amirilla, former residence of Irishman Admiral William Brown, founder of the Argentinean navy and do a tour of the city.

This evening we will experience the passion of Tango as we have dinner at a tango show.

**Dinner at a Tango Show Overnight: 4\*hotel Buenos Aires**

**DAY 9 ~ THURS 17<sup>th</sup> March - BUENOS AIRES**

Today after breakfast we will visit the Navy dock and the new redeveloped district. After lunch we will take a walking tour of the old city incorporating the Admiral Brown memorial, the Plaza de Mayo, French style San Telmo, famous for its antique markets, Plaza Derrego famous for street tango and the Recoleta Cemetery eternal resting place of many a famous figure are among the sights to savour. This evening we will join the *Porteños* (inhabitants of the port city of Buenos Aires) in celebrating our own national holiday, St. Patrick's day, which they apparently celebrate with gusto.

**Dinner in an Irish bar/restaurant Overnight: 4\* Hotel**

**DAY 10 ~ FRI 18<sup>th</sup> March - BUENOS AIRES**

Today is a free day for shopping, sight seeing and relaxing.

This evening we will have our Gala Dinner

**Overnight: 4\*hotel**

**DAY 11 ~ SAT 19<sup>th</sup> March – BUENOS AIRES, Argentina/MADRID, Spain**

**Transfer in the morning to catch our lunchtime flight to Madrid.**

**DAY 12 ~ SUN 20<sup>th</sup> March - MADRID, Spain/DUBLIN**

**Arrive Madrid in the early morning and await our connecting flight to Dublin**



**Please note the itinerary is subject to change without prior notice.**