



# CRC SCENE

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Tg4 and Fran from Love/Hate  
Interview CRC Client James  
Brosnan

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National Adult Literacy Agency  
(NALA) Awards

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Gait Lab Research Wins  
Two Awards

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Send us your stories [communications@crc.ie](mailto:communications@crc.ie)

# CEO WELCOME

I always love the spring and am perennially surprised each year at the positive impact it has on us all. I love the new look to the newsletter and want to thank Michelle Merrigan our new Communications Manager and the communications group for all their hard work in making the improvements.

We have been so busy with all the great news stories that we have decided to separate out some of the business and CEO updates to a different communication directly from my office.

I was immensely proud to see over 140 clients and staff actively participate in a protest on campaigning to see Ireland ratify the Convention on the Rights of People with Disabilities.

For many it was their first experience of protest and I have heard directly from them how empowered they felt from it. It is great to see us support people in finding their voice and standing up for their rights.

It is great to see people getting out and about in their communities and I thank the staff who support all of these outings within and outside of normal working hours.

Enjoy this publication and do let Michelle know what you think, your feedback is always welcome.

Stephanie Manahan  
CEO of CRC



Stephanie Manahan

# TG4 AND FRAN FROM LOVE/HATE INTERVIEW CRC CLIENT JAMES BROSNAN



L-R Shah,  
James Brosnan  
and Peter  
Coogan

In January the CRC was contacted by Adare Productions who produce a programme for TG4 called An Lá a Rugadh Mé. In each episode they choose an Irish personality/ guest presenter and look at newspaper stories from the day the presenter was born.

For this episode they chose Peter Coogan (Fran from Love/Hate) and looked at National papers from the day and came across James Brosnan. They contacted James, who has attended the clinic for over 30 years, and Bryan Boyle, a former clinician who worked in ATSS.

Bryan Boyle is a Gaelic speaker as is Peter Coogan so they both met with James. Peter Coogan interviewed James with the help of James's assistant Shah. Peter was absolutely fascinated by James's story and the work that the CRC does. It was a long day for everyone but a good time was had by all. The series started on March 2nd and James's episode was aired on March 28th.

Many thanks to Mary Collins, Mike Walsh and Simon Hall for their assistance on the day.

## BABY PHYSIOTHERAPY COURSE



**Our annual week long baby course “Physiotherapy for Babies and Infants with Cerebral Palsy and Developmental Delay” took place again in January with 17 physiotherapists from all over the country attending.**

The group consisted mainly of physiotherapists that are working in the early intervention and school age network teams countrywide. The course is a combination of formal lectures and practical workshops covering analysis of typical, atypical

development, Cerebral palsy - aetiology, classification, assessment, therapy and goal setting. The practical workshops which last for two hours provide lots of opportunities for participants to handle and treat babies and children with a variety of developmental problems under the supervision of a CRC physiotherapist. This course is now recognised countrywide as an essential piece of training for physiotherapists working in early intervention and it is likely to increase in popularity as the reconfiguration of Progressing Disabilities Services gets underway. Aoife Quinn, Judith Maguire and Marie Joyce were lead tutors and

feedback as usual was excellent. There is already a waiting list for next year's course.

Although the course is led primarily by the three Clontarf physiotherapists, the support received from all CRC staff is vital to its success and we are hugely appreciative to all.

A special thanks to Gary and the canteen staff along with our paediatricians and the Gait lab.

Most of all we would like to thank the children and their families who volunteer to come in during the week for the practical sessions as this “hands on experience” for participants is extremely beneficial.

# NATIONAL ADULT LITERACY AGENCY (NALA) AWARDS



L-R  
Declan Black,  
Managing Partner,  
Mason Hayes & Curran  
with CEO Stephanie  
Manahan and other  
'Highly Commended'  
winners

The winners of the Plain English Awards for Ireland, sponsored by Mason Hayes & Curran, were announced by the National Adult Literacy Agency in Dublin on Thursday 9th February 2017. The CRC won a 'Highly Commended' award for our Plain English version of our Strategic Plan.

The aim of the Plain English Awards is to reward organisations that communicate clearly in plain English. Over 50 organisations entered the competition by submitting documents that they thought were outstanding examples of plain English and an independent panel of plain English experts judged the entries.

The independent judges were very impressed with how all the winners communicated directly to the intended reader through language that was easy to read and understand.

The overall winner was EirGrid for their document 'Have your say - how we develop the electricity grid, and how you can influence our plans'.

## CATEGORY WINNERS:

Office of the Director of Public Prosecutions: Going to court as a witness.

Down Syndrome Ireland: Employment letter and survey.

Pavee Point Traveller and Roma Centre and the Marie Keating Foundation: Be Breast Cancer Aware Information

Irish Lung Fibrosis Association:  
National Patient Charter

Taxback.com: Guide to the PAYE tax system

The Heartbeat Trust: Poster about the main symptoms of heart failure

More information is available on [www.nala.ie](http://www.nala.ie)

# NEW MINIBUS AT SCOIL MOCHUA DONATED FROM LORD'S TAVERNERS



The Lord's Taverners is a charity whose primary mission is to support selected organisations through provision of minibuses.

They typically do this once every calendar year. Having maintained contact and engagement with the Taverners over a period of time the CRC was invited to make a formal presentation to the Board of the Lord's Taverners.

Vivienne Wynne, Principal at Scoil Mochua, gave an excellent presentation and made a compelling case for the charity's support. It was subsequently announced that our request had been favourably received and that a new bus would be donated.

In due course the bus became a reality and was made available for use at commencement of the school year in August 2016. The formal handover ceremony took place in December 2016 at the Four Seasons Hotel. We are delighted to report that the bus is now a busy and essential part of life at Scoil Mochua.

## THE CARE TRUST

A huge thank you to The Care Trust who have again raised over one million euros for the CRC to ensure that many thousands of children and adults with physical, medical or intellectual disabilities, those who are socially disadvantaged and those requiring medical care, have the opportunity to achieve their full potential and enjoy the same quality of life as everyone else.

The Care Trust is a fundraising company owned in equal shares by the Central Remedial Clinic (CRC) and Rehab and has been fundraising across Ireland for CRC, Rehab and the Mater Misericordiae University Hospital (MMUH) for over 40 years now. In the past five years alone The Care Trust has transferred a total of €15 million to CRC, Rehab and MMUH, net of all costs.



Pictured (L to R), Senan Mullins CEO of the The Care Trust, Stephanie Manahan CEO of the CRC, Ziva Newman Head of Philanthropy and Partnerships CRC, Kieran Timmins Chairperson of the CRC Board of Directors and Bernard Walsh.

The money provided by The Care Trust is hugely important as it is a vital source of extra funding which is allocated to a broad range of projects and services supporting children and adults. It is their contributions and support that allows us to continue our work and have a lasting impact on thousands of people and their families across Ireland.

If you would like to support The Care Trust and enter the monthly draws, please contact The Care Trust on (01) 200 0060 or visit [www.thecaretrust.ie](http://www.thecaretrust.ie).

# VISIT FROM ESB AND MADIPA FROM MASAKA IN UGANDA (ELECTRIC IRELAND)



L-R Ziva Newman, Head of Philanthropy & Partnerships; James Foley, ESB Electric Aid; Sr. Helen Ahern, Medical Missisionarises of Mary; John Bosco Lukwago, MADIPA Chairman; Robert Muganga, MADIPA; Alison McCallion, Head of Adult Services.

**ElectricAid is the social justice and development charity of ESB and EirGrid staff and pensioners, raising and spending about €1.2 million annually.**

One of the partners ElectricAid has been involved with is a charity called MADIPA from Masaka in Uganda. This is a small self-help school and workshop, run, with minimal resources, by PWDs for PWDs where they provide

education, support and possible employment opportunities. Two of the schools representatives- John Bosco Lukwago and Robert Muganga came to Ireland on behalf of Electric Aid from 24th to 27th Jan 2017 and visited the CRC.

Electric Aid wanted to try to give them an idea of what we do here in Ireland and what can be achieved with proper funding and ambition. They visited the CRC School and ATSS and learned about the therapy and educational services provided by CRC. They were

fascinated by the sensory room, and the number of supportive chairs and boards on the school corridors. Robert told us how difficult it was to get even basic materials to make wheels for their wheelchairs. We look forward to helping them and sharing our knowledge with other Electric Aid charities in the future.

More information can be found at <https://madipa79.wordpress.com/who-is-madipa/> or <https://www.facebook.com/Masaka-Disabled-Persons-Association->

## THE RIGHT TO DECIDE- A NEW CAMPAIGN & MOVEMENT

**New laws about Assisted Decision Making have been introduced in Ireland – The Assisted Decision Making (Capacity) Act 2015.**

This Act has removed the system of placing someone under Guardianship, thereby removing their right to make their own decisions because they have a disability.

The new law respects that all people with disabilities can make their own decisions independently or with support. Support may be anything from having clear information to appointing a person to assist (through a decision making agreement).

The CRC will run workshops on this new legislation in 2017 for adults attending CRC services and for families and carers. Please contact Rachel Glennane for more information.

Information on Assisted Decision-Making is also available on the CRC website.

# CRC ANNUAL ART EXHIBITION

The CRC Annual Art Exhibition took place over the weekend of 18th & 19th February.

The Art Exhibition is run by the CRC Parents and Friends Association. The Minister for State with responsibility for Disability, Finian McGrath opened the exhibition on Friday evening which was well attended by artists and the local community.

Over 100 artists and approximately 400 paintings went on display at the CRC Clontarf, Vernon Avenue. Prices ranged between €30 and €550 but most artwork the majority of the artwork was under €200. All proceeds go to the CRC School summer project, school events, Droichead Club, CRC Clontarf & Coolock Local Centres.

## RAFFLE WINNERS

1st Prize Stacey Spratt

2nd Prize Philip Doherty

3rd Prize Marie O'Leary

4th Prize Mary Hayes

5th Prize Paul O'Donoghue

6th Prize Breeda Maloney

# CAFÉ NOEL RAISE €227.60 FOR MALAMULELE ONWARD CHARITY



**CRC Occupational Therapist Tami Brown spent two years working for the charity Malamulele Onward in South Africa and they were the CRC 2016 Café Noel beneficiary.**

Malamulele Onward was started by physiotherapist Gillian Saloojee nearly 11 years ago when she saw a need for intervention for children with cerebral palsy in rural areas of South Africa and Lesotho who at the time had no access to therapy services.

Gillian completed outreaches to the area from a more central hospital in a larger town about 200km away as there was no rehab team in the area. Hospitals are sparsely spread, so this means that people within the community may have to travel up to

three hours one way to get to these rural hospitals.

What started with a small team of Bobath/NDT trained therapists outreaching to Malamulele Hospital grew into an organisation running regular outreaches to 21 different sites throughout rural South Africa and Lesotho.

Rural hospitals are now better resourced due to the internship programmes set up for all graduates in South Africa, but in these hospitals children with CP typically receive 30 minutes of therapy monthly which translates to an average of four hours of therapy annually. The goal Malamulele Onward had was to make every second the child is seen in clinic really count and to empower parents and caregivers to manage basic interventions.

With donations like ours they can run training and education programmes where parents and caregivers can learn more about conditions like cerebral palsy. Pictured is Khayakazi, aunt to Emihle, who spent two weeks with Malamulele Onward. The workshops provided Khayakazi with so much more than just knowledge. She remarked that not only had she had learnt a lot about CP during these workshops, but that the workshops also helped her to be more sociable and caring as well as giving her the opportunity to make new friends.

Many thanks to all those who contributed to the donation we were able to give at Christmas.

For more information visit [www.cpchildren.org](http://www.cpchildren.org)

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# STARTERS AND LEAVERS

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Congratulations to all you who have received promotions in the last number of months.

Farewell to Maureen Foley (Coolock Local Centre), Stephanie Fleming (SADT Team/Physiotherapy Clondalkin), Tom Larkin (ATSS) and Sarah Thornton (OT Waterford) who have all recently left the CRC for new roles. Best wishes to Mary McGrath who retired from the medical office in January after 14 years.

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## WHO'S NEW IN CRC

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**ZIVA NEWMAN**  
Head of Philanthropy & Partnerships, Clontarf



**GRACE MCBREEN**  
Home Respite Worker,  
Social Work Dept



**SUSAN DUFFY**  
Speech & Language  
Therapy Assistant



**KEVIN TALLON**  
Senior Clinical Engineer,  
ATSS



**ROSANNA HOLLINSHEAD**  
Clinical Nurse Manager II,  
Clondalkin



**STEPHEN CUMMINS**  
Senior Support Worker,  
Hartstown Local Centre



**MICHELLE MERRIGAN**  
Communications Manager,  
Clontarf



**JAMES DISNEY**  
Safeguarding Assistant,  
RT Dept



**STEPHANIE KILRANE**  
Quality, Risk & Safety  
Manager, Clontarf



**MARTA GONZALEZ**  
Support Worker, Coolock  
Local Centre



**LAURA LIPPARONI**  
Physiotherapist,  
Physiotherapy Clontarf

# CRC ADULTS TAKE PART IN 2016 SOCIAL INCLUSION WEEK



**As a part of 2016's Social Inclusion week Ballybough Community Centre ran a number of classes, two of which were chair aerobics and outdoor football.**

CRC staff contacted Fergal Scally the Dublin City Council disability officer for North Dublin to inquire about the possibility of participating in a weekly chair aerobics class. This was ideal as it gave the Life Skills and Transition groups the opportunity to sample the class and decide if they wanted to continue.

There are a number of health and social benefits to taking part in chair aerobics. It helps strengthen your heart by elevating your heart rate, and improves endurance and muscle strength. There are fun activities involved like parachute football, line dancing and Zumba. The instructors, Barbara and Colm are extremely accommodating and helpful. They encourage each participant to carry out exercises to a level that everyone is comfortable with. It is a very inclusive and collaborative activity for both wheelchair and non-wheelchair users.

Joy Boland from the Life Skills programme has said "I like chair aerobics because it is good exercise and my favorite part is when we use the parachute".

Bronwen O'Reilly from the transition programme is a non-verbal wheelchair user who has limited access to activities in the community. Transition programme staff have felt Bronwen has benefited greatly from the class and from the social interaction, games and music.

Bernadette McGeady works with the Life Style group and has described the class and centre as "A lovely, friendly and welcoming atmosphere. The instructors Barbara and Colm who deliver the Wheelchair Aerobics' class are so enthusiastic, innovative and adaptable in their delivery of the class that it has become one of the highlights of the week for

many adults and staff in Lifeskills. It is a fun, upbeat, healthy exercise class presented by flexible staff who love what they do, and who are highly attuned to the needs of the groups that they teach.

Conor Walsh from the Transition programme loves that he gets to play football with his friends and have a penalty shootout with the lads.

Damian Grennan on the Life Skills programme is one of the adults that participates in the soccer and travels independently to the centre, "I get the 40 bus from Finglas into town, then I get off at Burger King. Walk down to get the 29A in Abbey Street and that leaves me at the fire station in Fairview. I meet my friends there and we walk up together.

As it is so close to town the groups often get the bus into the city centre after class and go for lunch, visit museums, the cinema and other events that may be happening around the city.

The Transition group enjoy going to the Croke Park Café which is a short walk from Ballybough.

Leon Keogh from the Transition programme says the food is great in the Croke Park Café. "They do really good turkey sandwiches. The staff are lovely too and it's not too far from the community centre".

Fergal Scally, DCC disability officer believes it has been extremely rewarding to see the group engaging so well within the community and in particular with other groups that used the facility. "The weekly sessions are well received and positively beneficial for the service users. The group has become very familiar with both the facility and the staff and it is remarkable to see their confidence growing each week. Positivity beams from the entire group and needless to say they liven up the centre once they arrive!"

# GAIT LAB RESEARCH WINS TWO AWARDS



third from left: Rory O Sullivan from CRC Gait Lab, presenting the research at a conference in Madrid.

## The Gait Lab is conducting a study of 54 participants of all ages on 'The Progression of Crouch Gait in Bilateral Cerebral Palsy.'

The Gait Lab will use data from these assessments to monitor how walking, daily activity and quality of life can change over time with growth and ageing. The hope is that they will identify what contributes to crouch increasing and advise on direct appropriate treatment.

So far, the Gait Lab has found a significant relationship between changes on the gait analysis graphs and activity levels and quality of life that were measured outside of the clinic. This suggests that the treatments and physiotherapy suggested after gait

analysis can potentially improve overall function and activity in the community also.

Volunteers in the study were given ActivPal monitors which are tiny monitors that participants stick on to their leg. In the first year a total of 1,042,934 steps were recorded using the ActivPal monitors.

Using the average step length of those taking part in the study this is the equivalent of 705 kilometres which is the same distance as a return trip from Dublin to Galway!

The results to date have been presented at numerous conferences and were awarded two prizes by the Irish Society of Chartered Physiotherapists and Faculty of Sports and Exercise Medicine, RCSI.

# NEW CRC BOARD MEMBERS

## DIARMUID CONNAUGHTON

Diarmuid Connaughton retired from Bank of America Merrill Lynch in 2013. During his 29-year career with the bank, he was Country Executive for Ireland and gained broad international banking experience in Corporate and Investment Banking, Capital Raising/Syndications, Treasury and Cash Management, Global Markets (FX/derivatives), Investment Management and Credit Risk assessment. He managed a portfolio of clients split between indigenous European Healthcare names and large Irish Corporate clients – industry sectors included Airlines, Building Materials, Consumer and Retail, Dairy, Energy and Food Ingredients.

Following a successful career with Bank of America Merrill Lynch, Diarmuid spent the past two years as Finance Director at Future Finance Loan Corporation Limited. Future Finance, a private student lending company, was established in 2013 and is backed by private equity.

Diarmuid was Chairman of Peamount Hospital and a director for various Bank of America Irish subsidiaries - Banc of America Leasing Ireland Co Limited (Aircraft Leasing), Bank of America Capital Management (Ireland) Limited (Fund Management – Chairman)

and other Structured Capital Markets vehicles.

Diarmuid qualified as a Chartered Accountant with KPMG and is a Fellow of the Institute of Chartered Accountants in Ireland. He holds an Honours Bachelor of Commerce degree from UCD.

## TOM YOUNG

Tom Young is Chairman of ILCU (Internal Audit Services) Ltd, which is a dedicated service provider to the credit union movement; he is also Chairman of Cunamh, an accredited adoption services charity. He was appointed to the Audit Committee of the Public Appointments Service in 2016 and provides consultancy services on governance and risk management.

Before moving to independent directorship and consultancy roles, Tom had a successful career in international banking and financial services in Ireland, with Citibank, Ulster Bank, HSBC and BNY Mellon.

His career developed from relationship management through executive responsibility for credit and risk management, to executive board level responsibility as chief executive in international banking and trustee

services. He assumed primary responsibility for compliance with governance codes and was the lead facilitator on governance compliance matters for BNY Mellon in Europe.

He is a Chartered Secretary and holds a Certificate and Diploma in Company Direction from the Institute of Directors. Tom is former Chairman of the Federation of International Banks in Ireland (FIBI) and a current member of the Irish Funds Directors Association (IFDA).

## SINEAD COOKE

Sinead Cooke is a fellow of the Institute of Chartered Accountants of Ireland. She is a graduate of UCD, where she obtained a Bachelor of Commerce Degree and a post graduate Diploma in Professional Accounting.

Sinead started her career in audit in the accountancy firm BDO and later moved to PWC, first in Dublin and then San Francisco. She also worked as Financial Controller in Xtra-Vision.

Sinead also lectured in Accounting and Finance in Griffith College after which she took a career break to mind her three young children. Sinead joined the CRC board of directors in November 2016.

## NEW PARENT & TODDLER GROUP IN CRC CLONDALKIN

A new parent and toddler group started in CRC Clondalkin on 1st March 2017 for all parents who attend CRC services with children aged 0-3 years.

The group meets every Wednesday for chats, play and songs from 10-11:30am in CRC Clondalkin.

At the CRC Parent, Baby and Toddler Group the aim is to create a safe place to meet other parents. It can be helpful to meet other parents going through similar experiences. We know from experience that the group can provide a great support

network for parents and is fun for the children who attend. The group provides a friendly environment where the children play and socialise together with the emphasis on fun!

If you would like to attend please speak with Rachel in the social work department on 01-8542581.

## CRC COMES OUT IN HUGE NUMBERS FOR UN CRPD PROTEST



The 30th March 2017 marked 10 years since Ireland promised and failed to ratify the UN Convention for Persons with Disabilities (UNCRPD). The CRC came out in huge numbers for a protest on the 30th at Government Buildings.

Ireland is one of the last countries in the world to ratify this Convention which will help to improve the lives of people with disabilities. We brought banners, signs and slogans with #makeequalitythepolicy and #ratifycrpd. A huge thank you

to all staff and clients that attended and especially to Linda Ahern of the Service User Council who spoke at the gates of Leinster House.

We sent a clear message to Government and wider society to say enough is enough, we can't wait any longer. Disability rights matter, social inclusion matters, making equality the policy matters and ratifying the UN Convention for people with Disabilities matters.

The protest was only the start of a wider campaign so get involved and follow the campaign on the CRC Facebook page and [www.equalitynow.ie](http://www.equalitynow.ie).

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# SCOIL MOCHUA HEALTH PROMOTION PROGRAM

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**Congratulations to everyone taking part in the Scoil Mochua Health Promotion Program. The staff have lost an amazing total of 5 stone 7lb since the program began at the start of February.**

Over the past few weeks both staff and children have engaged in various talks and activities aimed at promoting a healthier lifestyle.

Christy McGelligott is an operation transformation leader and works as a Community Coach for kids with disabilities as part of the Football for All

initiative with the FAI. He also coaches the Irish Amputee Football team. Christy came to the school and completed an exercise program and talked to staff and children in Scoil Mochua.

A massive thank you to the staff who organised the various talks and activities for staff and children and to Sharyn Homan for all her hard work on the program.

Please keep an eye on the activity board in Scoil Mochua which has nutrition information, recipes and exercise tips.

If you are interested in knowing more about the program or getting involved

please contact one of the organisers: Marian Lee, sports co-ordinator (Ext 590) Vivienne Wynne (Ext 598), Principal, Rachel, Social Work (Ext 581).



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# A MUSICAL SUNNY AFTERNOON

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**On a very un-sunny afternoon on March 22nd, a large group of 56 CRC clients and staff from Coolock, Firhouse, CDETb and the RTC was unexpectedly treated to a wonderful afternoon in the Bord Gais Energy Theatre at their Musical Summer Afternoon.**

Featuring a lengthy show charting the rise to fame of iconic '60s pop group 'The Kinks', the amazing cast of 'Sunny Afternoon' played, sang, acted and danced their way through the story and brought the instantly recognisable music of the band to life in a mix of musical stage show and rock concert. The cast completely won over their audience and were given a standing ovation after their final number, the well-known 'Waterloo Sunset'. Many thanks to the cast, the theatre, and to Noel Carroll for putting this memorable event together.

# ST PATRICK'S DAY AT SCOIL MOCHUA



Scoil Mochua held their annual St Patrick's Day Parade on March 16th. There was a great atmosphere and everyone put huge effort into their costumes. They had everything from scarecrows to superheroes and cartoon characters to 'the little people with the big attitudes'!

The school was joined by the fire brigade from Tallaght who led out the parade with blue flashing lights and local community garda who transported their very own St Patrick. Afterwards parents and staff joined in a sing song led by Scoil Mochua DJs – Abiola and Amber.

Huge thanks to everyone involved for making the day such a wonderful success.

## CRC ARTISTS SHOWCASE ART WORK TO OVER 80 LOCAL BUSINESSES



Ten pieces of art made by our school children were showcased recently at a business breakfast event organised by the Bank of Ireland, Killester in St Anne's Golf Club.

Ziva and Veron spoke about our school, the artists and their art to an audience of over 80 small and medium local businesses and their representatives. The story and the art were exceptionally received and there was huge interest in purchasing the art. The art has already been bought by some CRC staff. Many thanks to art teacher Maire Talty for her hard work in organising this.

# EASTER AT SCOIL MOCHUA



Scoil Mochua had an Eggggggsssxtra Special Easter bonnet parade and egg hunt just before the easter holiday break.

Thanks to Marissa and Steve from Specsavers who judged the Easter bonnet competition and dance off and sponsored the prizes.

# CRC STAFF PARKING UPDATE

As you are aware following two significant instances of flooding at CRC in 2011 and 2013 our insurers have imposed an excess of €100,000 on our buildings policy. To avoid disruption of services to our clients, the CRC is beginning work on a flood defence system to offset the risk of future flooding.

To avoid further damage, disruption and costs, we are embarking on a major scheme of flood defence works to offset the risk of future flooding. These works require major drainage installations in the grounds/car park of CRC Clontarf and will have a severe impact on our ability to use and access our external spaces for a number of months. We intend to prioritise any remaining parking spaces on-site for our clients and their families while the work is ongoing.

Tenders are due back April 10th so this work will begin late May/June at the earliest. We have secured alternative staff parking at Clontarf Rugby Club for the duration of the works. However, there will be a small number of days when Rugby International games are held where there will be no

availability. They will give us the dates in advance and we will communicate this to staff. Alternative arrangements will be made for this period. As you will appreciate, our first priority must be for the school children and service users who use our services and do not have access to other modes of transport. We will keep you updated on progress.

## SURVEY RESULTS

The CRC sent out a travel survey to find out how many staff rely on a car and how many parking spaces were used during the working week. We had a great response and to date 193 people have responded with 71% of respondents using a car to get to and from work. Just over 53% of this group travel by car five days a week. Over 14% of staff already cycle to work with a further 18% stating that they intend to cycle to work once work has begun. About 20% of respondents are interested in more information on the Tax Saver schemes and HR has uploaded more information on these schemes to the intranet. We will now communicate our plans to the external groups that use the carpark and host a public information meeting for local residents. Our plans will be posted on the CRC website ([www.crc.ie](http://www.crc.ie)) and Facebook page.

 Don't forget to Like us on [Facebook.com/centralremedialclinic](https://www.facebook.com/centralremedialclinic)

 CRC [@centralremedial](https://twitter.com/centralremedial)